QPRN presents:



North American
Pain School

An Educational Initiative of IASP and ACTTION

Where Does it Hurt and Why: Peripheral and Central Contributions to Pain Throughout the Body

Program

June 25 - June 29, 2017

Chateau Montebello Montebello, QC, Canada





Executive Committee



Prof. Jeffrey S. Mogil, Ph.D. (Director)

E.P. Taylor Professor of Pain Studies / Canada Research Chair in the Genetics of Pain (Tier 1) / Dept. of Psychology / Director, Alan Edwards Centre for Research on Pain, McGill University



Prof. Christine T. Chambers, Ph.D. (Assistant Director) Canada Research Chair in Children's Pain (Tier 1) / Prof., Depts. of Pediatrics and Psychology & Neuroscience Dalhousie University and IWK Health Centre



Prof. Roger B. Fillingim, Ph.D.
Distinguished Professor,
University of Florida College of
Dentistry / Director, UF Pain
Research and Intervention
Center of Excellence



Prof. Nicolas Beaudet, Ph.D. Assistant Director, Quebec Pain Research Network / Adjunct Professor, Dept. of Anesthesiology, Faculty of Medicine and Health Sciences, Université de Sherbrooke



Prof. Anne-Louise Oaklander, M.D., Ph.D.

Associate Professor of Neurology Director, Nerve Unit Harvard Medical School and Massachusetts General Hospital



Prof. Petra Schweinhardt, M.D., Ph.D.

Adjunct Professor, Faculty of Dentistry and Alan Edwards Centre for Research on Pain, McGill University / Senior Scientist, Interdisciplinary Spinal Research, Department of Chiropractic Medicine, University of Zurich



Prof. Michael S. Gold, Ph.D. Professor, Dept. of Anesthesiology University of Pittsburgh School of

Coordination

Medicine



Dr. Alexandre J. Parent, Ph.D. Head coordinator, Quebec Pain Research Network / Coordinator, North American Pain School

Vision of NAPS

The North American Pain School (NAPS) will bring together leading experts in the fields of pain research and management to provide a unique educational and networking experience for the next generation of basic science and clinical pain researchers. We offer opportunities for scientific education, professional development, and connections with peers in a setting far removed from the lab and steeped in the character and culture of Quebec.

Led by an Executive Committee of permanent faculty, NAPS will take place in the first weeks of summer to take full advantage of all that Quebec has to offer—from the Festival International de Jazz de Montreal (June 28-July 8, 2017) to nearby wilderness activities. The venue for NAPS will facilitate lectures (by both faculty and students) as well as intimate breakout conversations and offer an array of recreational opportunities.

Each year's program will have a different theme, and will bring together approximately 30 trainees with six dynamic, internationally recognized pain investigators from around the world and NAPS permanent faculty for an intensive four-day workshop.

Director's Message: Overview of the 2017 North American Pain School

Dear Colleagues,

Welcome to NAPS! For our second installment, we have chosen the theme "Where Does it Hurt and Why: Peripheral and Central Contributions to Pain Throughout the Body". Every NAPS is designed to be multidisciplinary, and to focus on career development as well as science, but we try to pick a theme that is topical and relevant to guide us in our faculty invitations. This year's theme can be interpreted in a few ways. Does the perception or biological processing of pain depend on where in the body it's located? Is all pain qualitatively similar, or is there something fundamentally different about pain above the neck, or deep below the skin? What are the role of psychosocial factors acting at the highest levels of the neuraxis? Although everyone now agrees that chronic pain sufferers have abberant sensory processing both in the periphery and the central nervous system, the debate continues to rage as to where the fundamental pathology lies and/or where treatments (both pharmacological and non pharmacological) ought to be focused. These topics and others will be covered by our accomplished and exciting visiting faculty, who will be giving talks and participating in our workshops. New additions to NAPS this year include the incorporation of patients with pain into the program, and new workshops on preclinical pain measurement, job negotiation skills and clinical interviewing/diagnosis. Back from last year are student talks, workshops on presentation skills, mentoring, psychophysical testing and knowledge translation, and the student debates. And of course the times when the true learning occurs, over meals, bonfires, the sugar shack, and rafting. I and the rest of the Executive Committee are beyond excited to meet and learn with a new cohort of pain's best-and-brightest. See you in June!

MAD

Jeffrey S. Mogil, Ph.D. Director, North American Pain School

Visiting Faculty



Prof. Rami Burstein, Ph.D.

- Professor, Dept. of Anesthesia, Beth Israel Deaconess Medical Center / Harvard University
- John Hedley-Whyte Professor of Anaesthesia / Harvard Medical School



Prof. Jennifer A. Haythornthwaite, Ph.D.

- Professor, Dept. of Psychiatry & Behavioral Sciences, Medical School / Johns Hopkins University
- Director of the Center for Mind-Body Research / Johns Hopkins University



Prof. Daniel Clauw, M.D.

- Professor, Dept. of Anesthesiology, Medical School / University of Michigan
- Director of the Chronic Pain and Fatigue Research Center / University of Michigan



Prof. Anne-Marie Malfait, M.D., Ph.D.

- Professor, Dept. of Medecine (Rheumatology), Rush University Medical Center
- Director of the Laboratory for Translational Research in Osteoarthritis / Rush University
 Medical Center



John T. Farrar, M.D., Ph.D.

- Professor, Depts. of Epidemiology, Neurology, and Anesthesia / University of Pennsylvania
- Senior Scholar, Center for Clinical Epidemiology and Biostatistics / University of Pennsylvania



Prof. Martin Schmelz, M.D.

- Professor, Dept. of Anesthesiology, University of Heidelberg
- Group leader of the Interdisciplinary Center for Neurosciences / University of Heidelberg





Ms. Stéphanie Perreault
Published Author and former Policy
Advisor for the Government of
Canada



Mr. Mario Di Carlo
Co-Chair, Patient Partnership /
Chronic Pain Network



NAPSters



Mark Bicket*
@markbicket
Johns Hopkins University, USA
Supervisor: Dr. Christopher Wu
"Who Knew Patients On Opioids
Before Surgery Use More Opioids



Shana Burrowes*

@Shana ABB

University of Maryland, Baltimore, USA

Supervisor: Dr. David Seminowicz

"I Watched Dr. Strange And Realized Marve
May Have Scooped Me On My Thesis

Project... At Least I Have Solid Reference
Material."



Dara Bree
@DarαBree1
Harvard University, USA
Supervisor: Dr. Dan Levy
"Getting Hit In The Head Repeatedly
Is Probably Not The Best Thing."



Chen Xiao Chen
@HelenChenChen
Indiana University, USA
Supervisor: Dr. Janet Carpenter
"Why Some Women Have Worse Menstrual
Pain Than Others?"



Rebecca Brouillette
@reb_brouillette
Université de Sherbrooke, Canada
Supervisor: Dr. Philippe Sarret
"When Targeting GPCR Receptors In
Order To Relieve Pain, As In Life, You
Can Gain Valuable Information By
Focusing On The Inside, Instead Of
Just What's On The Outer Surface"



Patrick Grenier
@PatrickGGrenier
Queen's University, Canada
Supervisor: Dr. Mary C. Olmstead
"Paradoxical Pharmacology Of Ultralow Dose
Receptor Antagonists In Chronic Pain And
Opioid Tolerance."



Jane Hartung
@janehartung
University of Pittsburgh, USA
Supervisor: Dr. Michael Gold
"Post-Traumatic Headache--Is It
Stressing Out The Field Mice AND
Bopping Them On The Head?"



Andrew (Junseok) Kim @JunseokAKim Krembil Research Institute, Canada Supervisor: Dr. Karen Davis "Pain Makes Your Brain Less Groovy."



Peter (Shih Ping) Hung
@ShihPingHung
Krembil Research Institute, Canada
Supervisor: Dr. Mojgan Hodaie
"To Cut Or Not To Cut: Can
Computers Teach Us Which Facial



Michael J. Lacagnina*
@MJLαcαgninα
University of Texas, USA
Supervisor: Dr. Peter M. Grace
"How Immune Cells In Your Brain May Be
Involved In Pain: The Story Of Gently Poking
Rats With Sticks."



Harriet I. Kemp*

@DrHarrietKemp
Imperial College London, United
Kingdom
Supervisor: Dr. Andrew Rice
"HIV: A Whole World Of Pain For
A Whole Host Of Reasons."



Sarah R. Martin
@sarahraemartin
University of California, Los Angeles, USA
Supervisor: Dr. Lonnie Zeltzer
"Helping Teens With SCD Turn Down The
Pain Signals In Their Brain Because The
Music Sure As Hell Isn't Getting Any Softer."



Stacy McAllister
@StacyMcAllist13
Stanford University, USA
Supervisor: Dr. Eric Gross
"Working To End The 1 In 10 Women
With Endometriosis-Associated
Pain."



Somayyeh Mohammadi @smhmohammadi IWK Health Centre, Canada Supervisor: Dr. Christine Chambers "Two Signs That You Are In Trouble: 1. Being A Kid & 2. Having A Parent With Chronic Pain."



Élora Midavaine@ElorαMidavaine
Université de Sherbrooke, Canada
Supervisor: Dr. Philippe Sarret
"Nanoparticles As Trojan Horses
Against Cancer Pain."



Beatriz Monteiro
Université de Montréal, Canada
Supervisor: Dr. Éric Troncy
"Animals And Humans Hurt Quite Similarly.
How Does It Feel?"



Megan Marie Miller
@megmarie_miller
Indiana University - Purdue University
in Indianapolis, USA
Supervisor: Dr. Adam T. Hirsh
"Life Isn't Fair, It's Just Fairer Than
Death That's All"



Sarah Najjar
@snajjarian
University of Pittsburgh, USA
Supervisor: Dr. Kathryn Albers
"Listen To Your Gut, But Neurons Might Not
Be Giving You The Whole Story."



Ashley M. Reynolds
@AshleyMCowie
Medical College of Wisconsin, USA
Supervisor: Dr. Cheryl Stucky
"Who Says CGARS Are Bad? They Help
Alleviate Neuropathic Pain."



Sarah Rosen
McGill University, Canada
Supervisor: Dr. Jeffrey Mogil
"If You Are A Female Who Suffers
From Chronic Pain, Get Pregnant.
If You Are A Male, Take Morphine.
Don't Try It The Other Way Around."



Sonia Sharma
@soniasha18
University at Buffalo, USA
Supervisor: Dr. Richard Ohrbach
"Back To The Future: When Paradoxical
Elements Of Time Obscure Simple Causal
Effects."



Brittany Rosenbloom

(a) BNR osenblm

York University, Canada

Supervisor: Dr. Joel Katz

"Why Some Children Develop

Chronic Pain After Surgery And

Others Don't: Does In-Hospital

Dhysical Activity Matter?"



Ester Solé Pijuan
@estersop
Universitat Rovira i Virgili, Spain
Supervisor: Dr. Jordi Miró
"The Management Of Pediatric Pain In Spain:
How Do Health Care Professionals Deal With It?



Jessica Ross*
@JRossNeuro
University of Cincinnati, USA
Supervisor: Dr. Michael P. Jankowski
"Boy And Girl Mice Both Hurt, But
Become Sensitive In Different Ways."



Delfien Syx
@DelfienSyx
Ghent University, Belgium
Supervisor: Dr. Anne-Marie Malfait
"What Causes Chronic Pain In The
Connective Tissue Disorder Ehlers-Danlos
Syndrome?"



Ellen Terry
@Ellen_Terryi
University of Florida, USA
Supervisor: Dr. Roger Fillingim
"Neural Mechanisms Underlying
Psychosocial Contributions To Ethnic
Differences In Dain"



Lincoln Tracy*
@lincolntracy
Monash University, Australia
Supervisor: Dr. Melita Giummarra
"Warning People About Pain Makes Them
Anxious, Giving Them Oxytocin Selectively
Enhances Arousal And Sensitivity To Pain."



Calia Torres
@CαliαTorres
The University of Alabama, USA
Supervisor: Dr. Beverly E. Thorn
"Train Your Brain to Close the Pain



Robert Ungard
@rungard
McMaster University, Canada
Supervisor: Dr. Gurmit Singh
"You've Got It All Wrong, We're Not Trying
To Cure The Cancer"



Stacie Totsch
@stacie_totsch
The University of Alabama at
Birmingham, USA
Supervisor: Dr. Robert Sorge
"Who Knew Eating Like An American
Could Be So Painful?"



Sunday, June 25th

2:00-5:00 p.m. Lobby

Registration and Check-in

4:00-5:00 p.m.Foyer Outaouais

Welcoming Cocktail

4:45-5:00 p.m.

Special Meeting for PRF-NAPS

Outaouais I Correspondents

Christine Chambers and Neil Andrews

5:00-5:30 p.m.Outaouais |

Opening Remarks

-Director's Welcome

-Supporters' Welcome

-Introduction of Executive Committee

-Debate Instructions and Teams

5:30-6:00 p.m.

Outaquais I

Patient Intros: Stéphanie Perreault

and Mario Di Carlo

Behind the Mask of Pain: A Personal

Journey

6:00-7:00 p.m.

Outaouais I

Keynote Lecture: John T. Farrar

Developing Better Analgesics: It's Difficult to Make Predictions, Especially About the

Future

7:00-8:30 p.m.
Aux Chantignoles

Dinner

After 8:30 p.m.

Free Night

Monday, June 26th

7:00-7:45 a.m.Foyer Outaouais

Yoga with Ondine

8:00-9:00 a.m.
Aux Chantignoles

Breakfast

9:00-9:30 a.m.Outaouais 1

Meet the Exec: Jeffrey Mogil
Pain in Mice and Man: Ironic
Adventures in Translation

9:30-10:00 a.m.Outaouais 1

Meet the Exec: Christine Chambers From Evidence to Influence: Making a Difference for Children in Pain

10:00-10:30 a.m. Outaouais 1 Student Presentations (#1-3)

10:30-11:00 a.m.

Coffee Break

Foyer Outaouais

11:00-11:50 a.m.

Daniel Clauw

Outaouais 1

CNS Contributions to Chronic Pain-Maybe Sometimes It Is All in Their Head

11:50-12:20 p.m.
Outaouais 1

Student Presentations (#5-7)

Lunch and Break

12:30-2:30 p.m.
Aux Chantignoles

2:30-3:20 p.m. Rami Burstein Outaouais 1 I'm Stressed. I Can't Sleep. I'm too Busy to Eat. Oh, and I Can't Get Rid of my Migraines. By the Way, Can I Make my Finger Hurt Just by Trying? Coffee Break 3:20-3:40 p.m. Foyer Outaouais 3:40-4:30 p.m. Student Presentations (#8-12) Outaouais 1 4:30-5:00 p.m. Meet the Exec: Roger Fillingim Outaouais 1 Forget About Where it Hurts, Let's Figure Out Why it Hurts **Student Presentations (#13-16)** 5:00-5:40 p.m. Outaouais 1 **BBQ Dinner** 6:00-7:30 p.m. Aux Chantignoles Workshop: Interviewing and 7:30-9:10 p.m. Outaouais 1 **Diagnosing Pain Patients** Anne Louise Oaklander **Bonfire** 9:15-11:00 p.m. Meet in the lobby

Monday,

June 26th

Tuesday, June 27th

7:00-7:45 a.m.Foyer Outaouais

Yoga with Ondine

8:00-9:00 a.m.
Aux Chantignoles

Breakfast

9:00-9:50 a.m.Outgougis 1

Jennifer Haythornthwaite
Thinking Inside and Outside the
Box About Psychosocial Factors

9:50-10:30 a.m.Outgougis 1

Student Presentations (#17-20)

10:30-10:50 a.m.

Coffee Break

Foyer Outaouais

10:50-11:50 amOutgougis 1

Student Presentations (#21-26)

12:00-2:00 p.m.
Aux Chantignoles

Lunch and Break

2:00-3:40 p.m.Outside

Workshop: What Your Mentor Doesn't Know Might Hurt You

Roger Fillingim

3:40-4:00 p.m.Foyer Outaouais

Coffee Break

Meet the Exec: Michael Gold 4:00-4:30 p.m. Outaouais 1

Peripheral Mechanisms of Pain-The

Impact of What, Where and How

Student Presentations (#27-30) 4:30-5:10 p.m.

Outaouais 1

Meet the Exec: Anne Louise Oaklander 5:10-5:40 p.m.

Outaouais 1 Small Fibers-Big Pain Problem

Dinner 6:00-7:30 p.m.

Aux Chantignoles

Workshop: How Do I Know if My 7:30-9:10 p.m.

Outaouais 1 Mouse is in Pain?

Michael Gold

9:10-11:00 p.m. **Debate Preparation** Tuesday, June 27th

Wednesday, June 28th

7:00-7:45 a.m.Foyer Outaouais

Yoga with Ondine

8:00-9:00 a.m.
Aux Chantignoles

Breakfast

9:00-9:50 a.m.

Anne-Marie Malfait
Arthritis Pain: Does the Joint Have Anything to Do

With It?

9:50-10:20 a.m.Outaouais 1

Meet the Exec: Petra Schweinhardt

The Brain as a Pain Modulator - and Generator ?!

10:20-10:50 a.m.

Coffee Break

Foyer Outaouais

10:50-12:30 a.m. Workshop: How to Get a Job

Outside Nicolas Beaudet

12:30-2:30 p.m.
Aux Chantignoles

Lunch and Break

2:30-4:30 p.m.Quebec/Ontario

Workshop: Pain and Sensory Testing in Humans

Petra Schweinhardt

4:30-6:00 p.m.

Foyer Quebec/ Ontario Coffee Break and Debate Preparation

6:00-7:30 p.m.

Sugar Shack Dinner

Heritage Terrace

7:30-9:10 p.m.

Workshop: Style Over Substance: Giving Better Talks

Heritage

Jeffrey Mogil

7:00-7:45 a.m. Foyer Outaouais

Yoga with Ondine

Thursday, June 29th

8:00-9:00 a.m.

Breakfast

Aux Chantignoles

9:00-9:50 a.m. Martin Schmelz

Outaouais 1 Which Peripheral Input Provokes Pain

and Central Sensitization?

9:50-11:40 a.m.

Workshop: Making Sure Your

Outaouais 1 Research Makes a Difference: Knowledge

Translation for Pain Scientists

Christine Chambers

12:00-5:00 p.m.

Recreational Outing

Lobby

6:00-10:00 p.m.

Foyer Outaouais

Cocktail & Banquet (including Student Debate)

10:00 p.m.

Foyer Outaouais

Live band - J2

Friday, June 30th

Early birds

Breakfast lunch box

Lobby

8:00-10:00 a.m.

Breakfast

Aux Chantignoles

Before 12:00 noon Check-out

Lobby

Shuttle departures:

(see shuttle schedule for specific details)

6:30 a.m.

10:00 a.m.

1:30 p.m.

PRF-NAPS Correspondents Program

The Executive Committee of NAPS is dedicated to engaging participants and other pain researchers using all of today's available tools. To this end, the Pain Research Forum (PRF) has committed to sponsor five NAPS participants as special "PRF Correspondents." The correspondents will reach others in the pain field through first-hand reporting online and through social media through content for the PRF website — including scientific session recaps, interviews with faculty, blog posts — and through live reporting on social media like Twitter. This initiative will benefit those outside of NAPS and help these five participants hone their science communications and writing skills.



Mr. Neil Andrews
PRF Executive Editor / Science Journalist and Writer



Sponsors

NAPS appreciates funding by:

ACTTION (Analgesic, Anesthetic, and Addiction Clinical Trial Translations, Innovation, Opportunities, and Networks)

www.acttion.org

Chronic Pain Network - Strategy for Patient-Oriented Research

www.chronicpainnetwork.ca



www.grunenthal.com

The International Association for the Study of Pain

www.iasp-pain.org

Eli Lilly Canada

www.lilly.ca

The Pain Research Forum

www.painresearchforum.org

The Quebec Pain Research Network

www.qprn.ca















Supporters

NAPS appreciates support by:

The American Pain Society www.americanpainsociety.org

The Canadian Pain Society www.canadianpainsociety.ca

The Mayday Fund www.maydayfund.org









North American Pain School

Coordination team

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